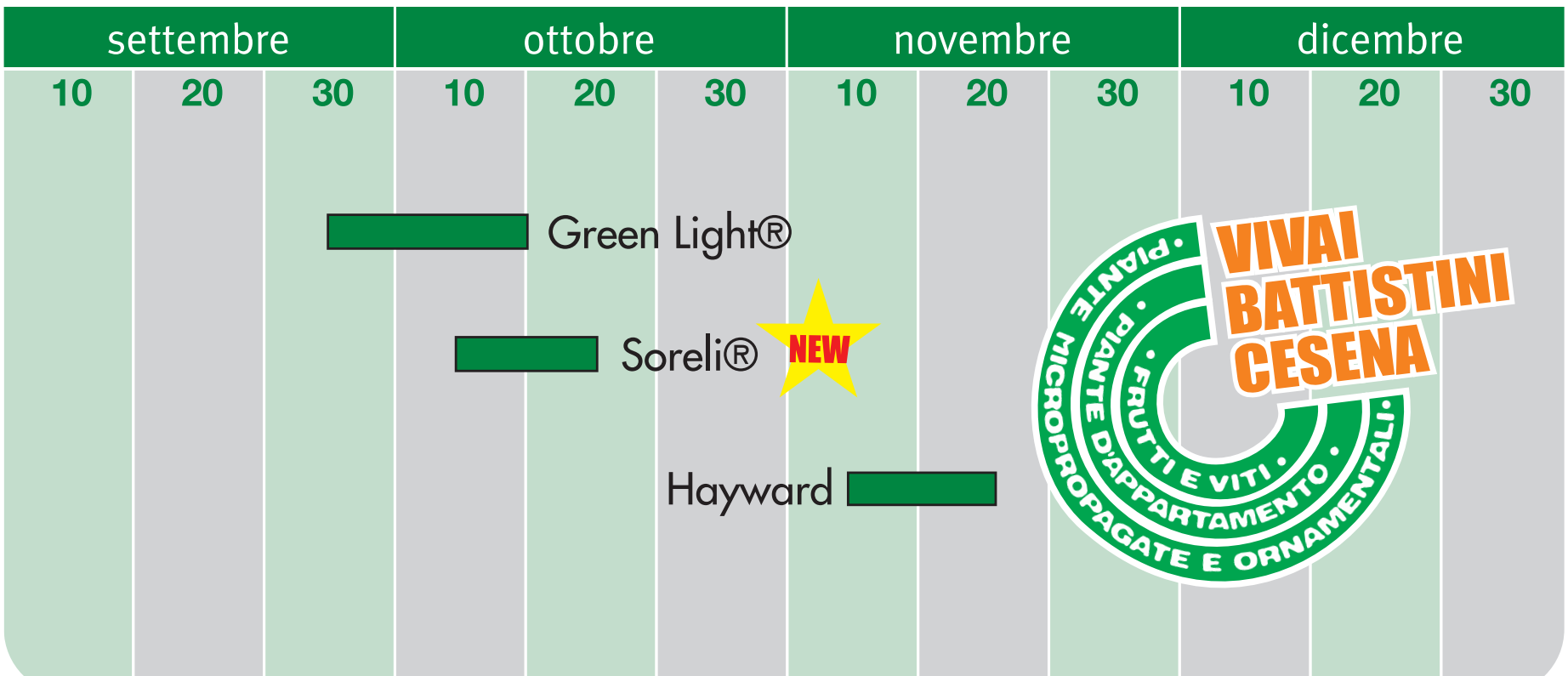EPOCHE DI MATURAZIONE ACTINIDIA